



HAWKE'S BAY POVERTY BAY SUMMER LONG COURSE CHAMPIONSHIPS

29TH NOVEMBER – 1ST DECEMBER 2024

KIWA POOLS, GISBORNE
50M - 8 LANE POOL

29 th November 2024	30 th November 2024	1 st December 2024
Friday PM	Saturday AM	Sunday AM
Warm Up –12pm Start – 1pm	Warm Up –7am Start – 8am	Warm Up -7am Start 8am
10&U 4x50 Medley Relay (Mixed)	10&U 4x50 Free Relay (Mixed)	Open 4x50 Medley Relay (M&F)
12&U 4x50 Medley Relay (M&F)	12&U 4x50 Free Relay (M&F)	200 IM (T/F)
50 Fly (H)	Open 4x50 Free Relay (M&F)	50 Back (H)
400 IM (T/F)	200 Free (T/F)	100 Fly (H)
100 Free (H)	100 Breast (H)	50 Breast (H)
200 Back (T/F)	50 Free (H)	1500 Free (T/F)
	100 Back (H)	
	800 Free (T/F)	
Friday PM	Saturday PM	Sunday AM 2
Racing Starts approx. 1hr after Session 1	Warm Up – 3.30pm Start – 4.30pm	Racing Starts approx. 1hr after Session 5
15&U 4x50 Medley Relay (M&F)	15&U 4x50 Free Relay (M&F)	50 Free (Top 8) **
400 Free (T/F)	100 Breast (F)	50 Back (F)
50 Fly (F)	50 Free (F)	100 Fly (F)
200 Breast (T/F)	200 Fly (T/F)	50 Breast (F)
100 Free (F)	100 Back (F)	HBPB Regional Draft Free Relay – Selected Teams

ALL EVENTS ARE RUN AS SEPARATE MALE AND FEMALE

**** TOP 8 Male and Female 50 Freestyle CANNOT BE ENTERED.**

SWIMMERS WILL BE DETERMINED FROM THE 50 FREE INDIVIDUAL EVENT - (SATURDAY)

Please note – Live Timing/Swimify Results are not necessarily official results.

MEDALS AND RIBBONS WILL BE GIVEN DURING THE MEET

A PRIZEGIVING FOR HBPB SWIMMERS WILL BE HELD AT THE CONCLUSION OF THE MEET

THIS IS A REGIONAL CHAMPIONSHIPS BUT VISITORS ARE VERY WELCOME

HBPB SUMMER LONG COURSE CHAMPIONSHIPS QUALIFYING TIMES (MALE)

EVENT	AGE GROUP					
	11/U	12	13	14	15	16+
50 FC	NT	00:42.0	00:39.0	00:37.0	00:36.0	00:34.0
100 FC	NT	01:29.0	01:21.0	01:18.0	01:14.0	01:11.0
200 FC	NT	03:13.0	02:56.0	02:50.0	02:43.0	02:33.0
400 FC*	06:05.0	06:05.0	06:05.0	06:05.0	05:21.0	05:21.0
800 FC*	12:42.0	12:42.0	12:42.0	12:42.0	12:13.0	12:13.0
1500 FC*	23:51.0	23:51.0	23:51.0	23:51.0	22:53.0	22:53.0
50 BR	NT	00:50.0	00:47.0	00:45.0	00:43.0	00:41.0
100 BR	NT	01:49.0	01:43.0	01:38.0	01:34.0	01:30.0
200 BR	NT	03:58.0	03:45.0	03:35.0	03:26.0	03:16.0
50 BK	NT	00:46.0	00:43.0	00:40.0	00:39.0	00:38.0
50 FL	NT	00:50.0	00:43.0	00:39.0	00:37.0	00:36.0
100 FL	NT	01:48.0	01:33.0	01:25.0	01:20.0	01:18.0
200 FL*	03:03.0	03:03.0	03:03.0	03:03.0	02:48.0	02:48.0
100 BK	NT	01:40.0	01:33.0	01:27.0	01:25.0	01:23.0
200 BK	NT	03:38.0	03:25.0	03:09.0	03:05.0	03:02.0
200 IM	NT	03:34.0	03:12.0	03:07.0	03:03.0	03:00.0
400 IM*	06:51.0	06:51.0	06:51.0	06:51.0	06:27.0	06:27.0

* Two age groups only 14/U and 15/O

HBPB SUMMER LONG COURSE CHAMPIONSHIPS QUALIFYING TIMES (FEMALE)

EVENT	AGE GROUP					
	11/U	12	13	14	15	16+
50 FC	NT	00:44.0	00:40.0	00:39.0	00:38.0	00:36.0
100 FC	NT	01:32.0	01:25.0	01:21.0	01:18.0	01:15.0
200 FC	NT	03:21.0	03:06.0	02:57.0	02:50.0	02:45.0
400 FC*	06:36.0	06:36.0	06:36.0	06:36.0	05:51.0	05:51.0
800 FC*	13:25.0	13:25.0	13:25.0	13:25.0	12:58.0	12:58.0
1500 FC*	26:53.0	26:53.0	26:53.0	26:53.0	25:54.0	25:54.0
50 BR	NT	00:53.0	00:49.0	00:47.0	00:45.0	00:43.0
100 BR	NT	01:51.0	01:47.0	01:43.0	01:38.0	01:34.0
200 BR	NT	04:09.0	03:55.0	03:46.0	03:35.0	03:26.0
50 FL	NT	00:51.0	00:47.0	00:43.0	00:41.0	00:40.0
100 FL	NT	01:51.0	01:42.0	01:33.0	01:29.0	01:26.0
200 FL*	03:27.0	03:27.0	03:27.0	03:27.0	03:12.0	03:13.0
50 BK	NT	00:49.0	00:45.0	00:43.0	00:41.0	00:40.0
100 BK	NT	01:46.0	01:38.0	01:34.0	01:30.0	01:27.0
200 BK	NT	03:48.0	03:33.0	03:23.0	03:16.0	03:08.0
200 IM	NT	03:43.0	03:21.0	03:14.0	03:08.0	03:03.0
400 IM*	07:06.0	07:06.0	07:06.0	07:06.0	06:36.0	06:36.0

* Two age groups only 14/U and 15/O

MEET CONDITIONS

- All swimmers must be registered competitive swimmers on the SNZ database.
- This event will be an OFFICIATED MEET.
- The meet will be run under FINA, SNZ and local conditions. The event organisers reserve the right to alter the programme and limit entries if required.
- All participants must adhere to the sports anti-doping rules.
- Para swimmers will be eligible to compete under IPC Swimming Rules. Para swimmers will be seeded amongst able bodied heats and timed finals, based on entry times. Para finals will be run where appropriate.
- Meet will be swum Long Course (50m) in an 8-lane pool. **8 lanes will be used for heats, timed finals, and finals.** Starts are over the top, except for finals.
- Scratchings – the HBPB Scratching Rule applies and **will be enforced. Team Managers to be aware of rule.**
- Officials/Timekeepers – A roster will be circulated with club allocations based on numbers.
- Those attending will comply with any health regulations that may apply at the time.
- Enquiries to Sue Hewitt – HBPB Swimming – swimhpbp@gmail.com

Entries (via SNZ Database)

- Age – as at 29th November 2024.
- **Individual Entry Fee - \$12.00** per individual event.
- Individual Entries Close – **midnight Friday 22nd November 2024.**
 - Long Course Times (converted accepted). Times since 1st January 2023.
 - Late entries emailed to swimhpbp@gmail.com will be accepted up until noon Saturday 23rd November 2024 but will incur a late entry fee of \$20 per entry (in addition to the entry). No other late entries will be accepted.
- **Relay Entry Fee - \$15.00** per relay entry.
- Relay Entries Close – **noon Saturday 23rd November 2024.**
- **Qualification Times** – as follows:
 - **12 years and over** - all events.
 - **11 years and under** – 400, 800 and 1500 Free, 200 Fly, and 400 IM. (14 and under QT)

Individual Events

- Heats and finals will be held for the 50 and 100 events, in the following age groups:
 - 10 and under, 11, 12, 13, 14, 15, and 16 and over.
- 200, 400, 800 and 1500 events will be swum as timed finals:
 - 200 events (except 200 Fly) will be awarded as 10 and under, 11, 12, 13, 14, 15, and 16 and over.
 - 200 Fly, 400, 800 and 1500 events will be awarded as 14 and under, and 15 and over.
- 800 and 1500 Freestyle limited to Top 16 Male and Top 16 Female. Any swimmer that enters these events and does not get to swim will be given the opportunity to enter another event.
- **3 visitors maximum in each final - unless there are empty lanes in the final, in which case more visitors may swim.**
- Swimmers must swim the heat to be eligible for finals.

Relay Events

- All Relays - Except the Draft HBPB Relay:
 - Have a male and female event – No mixed relays allowed.
 - Are open to all teams (including visitors).
 - No medals/ribbons.
 - Trophies for all relays except the HBPB Draft Relay. Trophies awarded to HBPB clubs only.
 - Relay names to be entered by the end of the session prior – except for Session 1, where they must be in by 1.00pm. **Failure to lodge relay names will result in disqualification.**
- Draft HBPB Relay – Open to HBPB Clubs only – details to follow.

Awards

- HBPB Swimmers – Medals for 1st, 2nd, and 3rd. Ribbons for 4th, 5th, and 6th.
- Visitor Ribbons for 1st, 2nd and 3rd,
- No age group or team points/awards and no team point trophies.
- **\$100 Prize for Top FINA Point Swim of the Meet.**

This Is A GOOD SPORTS Event



Team Managers must attend the team manager meeting prior to the start of the Session 1, and any other meetings notified by the organising committee.

Team manager guidelines will be circulated prior to the meet.

As per the HBPB Swimming Rules a \$50 protest fee will apply.

ONLY Team managers can approach the referee/control room, and/or make protests.

Please note - Results live online are NOT necessarily official results.

HBPB SWIMMING RULES **WITHDRAWALS DISQUALIFICATIONS AND PROTESTS**

Withdrawals During Meet- HBPB Swimming Scratching Rule

- The HBPB Swimming scratching rule may apply to Withdrawals.

For Finals

- Competitors wishing to withdraw from finals events shall do so in writing through their Team Manager and lodged with the Recorder/Control Room within the following time:
 - Within 30 minutes of the written posting of the list of finalists for that event.

Penalty Finals

- Any competitor not having withdrawn as required and who does not compete in the finals event shall be deemed a late withdrawal, except where there are medical reasons or proved hardship, and shall be debarred from competing in their next individual event.
- When a Club team is a late withdrawal, that Club shall be debarred from competing in the next team event for which that Club has entered.

Medical Scratching for Finals

- A medical certificate is necessary. For medical reasons, a swimmer can scratch up to 15 minutes before a session starts (not warm up) but must scratch for all of that session. If taken ill during a session a swimmer must scratch for the rest of that session.
- The Meet Director shall determine the acceptability on all matters where medical reasons or hardship are claimed.
- If within the advertised time frame, complete the form for each swimmer (if the scratching is for all events, then one form will suffice). If it is for individual or selected events, then multiple forms must be written. Never put multiple swimmers on the same form even if scratching from the same event.

Disqualifications & Protests – HBPB Swimming Protest Rule

- Protests are possible if the rules and regulations of the competition are not observed, or against the decisions of the referee, however, no protest shall be allowed against decision of fact.
- Protests must be submitted in writing to the referee by the authorised team manager **with a fee of \$50 within 30 minutes following the formal publishing of results.**
- All protests shall be considered by the referee. If the referee rejects the protest, they must state the reason for their decisions. If the protest is rejected, the fee will be forfeited to HBPB Swimming. If the protest is upheld the fee will be returned.
- As per FINA rules and SNZ guidelines, if the Referee does not accept the protest, the club has the ability to request the Jury of Appeal to consider the protest. At this time, the Meet/Technical Director will convene the Jury of Appeal and chair the discussions, advise the Referee and the Club Manager of the outcome of the Jury.